



# INDRAPRASTHA COLLEGE FOR WOMEN

University of Delhi

## DEPARTMENT OF PSYCHOLOGY

as part of Azadi ka Amrit Mohotsav

*presents*

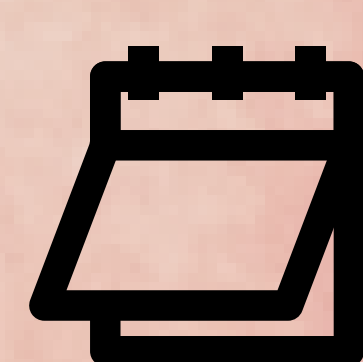
# A WEBINAR ON 'HEALTH, WELLNESS AND HAPPINESS'

### OUR FACILITATOR

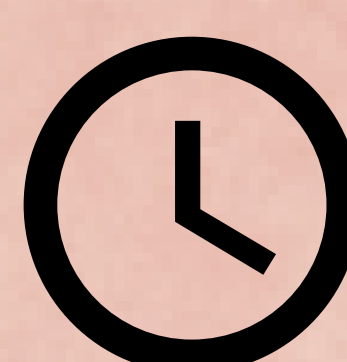
**Dr. Srividya**

**Founder- LifeVidya, Psychologist, Career Counsellor, Alumna IPCW**

Scan to Join



**14th August, 2023**



**12:30 pm to 1:30 pm**



**Google Meet**



**Prof. Poonam Kumria**

**Principal, Indraprastha College for Women**

**For Queries, Please Contact:**

**Ms. Annima Bahukhandi**  
**Advisor, Psychology Association**

**Khushi Kaul, Secretary**  
**+919717550130**  
**Nirjara Sethia, Website Executive**  
**+917982594793**